



Bachelor of Exercise Science (Domestic students)

Program code

1171

Available at

Gold Coast Campus

Duration

3 years full-time

6 years part-time

Credit points

240

Indicative fee

\$9,527.00* per year ([more](#))

* 2020 indicative annual CSP fee

[Calculate](#) your fees

Entry requirements

14

Overall position (OP) 2019

68

Rank 2019 ([more](#))

OR VET qualification

Certificate III

[\(Additional requirements\)](#)

Commencing in

Trimester 1, Trimester 2 and Trimester

3

Prerequisites

English (4SA)

Assumed knowledge

One of Biology, Chemistry, Physics or

Maths B (4SA)



Why choose this program?

You will gain the skills and knowledge in the physical, biomedical and psychological sciences that you will need to become an exercise specialist. You will learn the role of exercise in health maintenance and rehabilitation.

Students undertaking the professional practice placement course will have an opportunity to put their knowledge and skills into practice.

Honours is available for this degree through an additional year of study.

My attendance during the program

Attendance information

The Bachelor of Exercise Science is offered full-time on-campus at the Gold Coast campus.

As a full-time student, you will generally attend 16-22 hours of scheduled classes per week throughout the trimester. Classes may be scheduled during the day and evening throughout the week.

Note: The Bachelor of Exercise Science curriculum will be introduced incrementally over three years (that is, Year 1 courses will be introduced in 2017, Year 2 courses in 2018 and Year 3 courses in 2019).

Student Income Support

To be classed as a full-time student, you are required to enrol in a minimum number of credit points each standard study period. The minimum credit points for full-time enrolment in this program is 30 credit points.

Trimester 1 and Trimester 2 are deemed standard study periods. As Trimester 3 is a non-standard study period, continuing students moving from one year to the next will not be required to study during this trimester to be eligible for student income support.

Domestic students who commence in Trimester 3 may be eligible for student income support from the onset of study provided they are enrolled full-time in this study period.

Please refer to the [Australian Government website](#) for more details.

Work-integrated learning

Work-integrated learning activities (professional placements) integrate theoretical learning with its application in the workplace. The inclusion of work-integrated learning activities in the degree program demonstrates Griffith's commitment to preparing its graduates for success in their working life.

In this program you will spend time in the work/professional environment undertaking placements at various locations. Placements may be outside of the Brisbane metropolitan/Gold Coast area including northern New South Wales and (by negotiation) interstate or overseas.

My career opportunities

My career opportunities

You will be prepared for work as an exercise specialist for community or sports organisations as a clinical scientist specialising in cardiac; respiratory and sleep medicine; as a rehabilitation, sports or recreation manager; a strength and conditioning coach; or as an occupational health and safety officer.

Program accreditation

Program accreditation

The Bachelor of Exercise Science is accredited by [Exercise and Sports Science Australia \(ESSA\)](#).

Professional recognition

Professional recognition

Upon successful completion of the Bachelor of Exercise Science, graduates who have completed the professional practice placement course (3006AHS) will be eligible to apply for accreditation through Exercise and Sports Science Australia (ESSA) as an Accredited Exercise Scientist.

Graduates have two years following completion of their studies to submit their application to [Exercise and Sports Science Australia \(ESSA\)](#) for accreditation.

Placement requirements

Before I enrol

- Criminal History Check
- First Aid and CPR Certificates
- Immunisation and Health Record
- Working with Children Check (Blue Card)

Professional placements

- Griffith University Health and Safety Induction
- Griffith University Student Deed Poll
- Queensland Health placement requirements

There are placements associated with this program. Students should refer to the **checklist of pre-placement and placement requirements for their Health discipline** on the [Fit for Placement website](#) for full details of the requirements regarding clinical placement to ensure that they meet eligibility for placement.

Note: In the event that there is a difference between the contents published on the Fit for Placement website and the program-specific information published on the Degree and Career Finder/Programs and Courses websites, or where information published on the Fit for Placement website is not in accordance with University Policy, the Degree and Career Finder/Programs and Courses website contents and University Policy shall override the information on the Fit for Placement website.

Pathways to further study

Pathways to further study

You may be eligible to apply for the [Graduate Diploma of Exercise Science \(4157\)](#) if you meet the admission requirements. Selection for admission is competitive and will be based upon (1) academic merit and (2) the information provided in the Selection Supplement.

What are the fees?

Commonwealth supported students

- The fee is indicative of an annual full-time load (80 credit points) in a program categorized to one of the Australian Government's three broad discipline areas (student contribution bands). A student's actual annual fee may vary in accordance with his or her choice of majors and electives. The Australian Government sets [student contribution amounts](#) on an annual basis.
- [Find out more...](#)

Fee-paying undergraduate (domestic) students

These fees are only applicable to domestic students who are not Commonwealth supported including:

- Full-fee paying domestic students who commenced their program prior to 2009.
- International students who have been approved to pay domestic tuition fees after obtaining Australian or New Zealand citizenship or permanent residency or a permanent humanitarian visa and who have not obtained a Commonwealth supported place.

Tuition fees

- A fee-paying undergraduate student pays tuition fees.
- Students are liable for tuition fees for the courses they are enrolled in as at the census date.
- The tuition fee is charged according to the approved program fee for the trimester in which the student is enrolled.
- [Find out more...](#)